

St. Charles Track & Cross Country Registration Form

2011-2012

Athlete's name: _____ Grade (fall 2011): _____

Primary phone #: _____ School: _____

Primary email: _____ Birthday: _____

Eligibility Requirements - circle your answer

Athlete attends **school** at:

St. Charles School Queen of Apostles School

Athlete is actively participating in **Religious Education** (summer or school year) at:

St. Charles Queen of Apostles Blessed Theresa of Calcutta

Cost: \$40 per sport/per athlete \$200 max per family (includes basketball and volleyball)

T-shirt size youth L adult XS S M LG XL

Per the archdiocese rules the following forms must be completed for EACH athlete.

1. Medical info & Emergency consent – form A
2. Risk Acknowledgement & Consent to participate – form B
3. Physical exam – form C (Must have Dr. signature and dated 4/1/09 or sooner)
4. Athlete sportsmanship pledge
5. Parent sportsmanship pledge
6. Acknowledgement/Liability waiver & Consent (Religious Ed athletes only)

Volunteer Hours –Requirement

Without parent volunteers our sports programs wouldn't be possible. Therefore, the volunteer requirement policy states that families are asked to commit to 5 hours per sport, per athlete to one or more areas listed below. A family can request a buyout option of \$100 per sport, per athlete. Please indicate what area you would be willing to help out. Thank you in advance!

___ Coach: I have experience in the following areas: (please circle)

Sprints/Blocks	Distance Running	Long Jump	High Jump
Shot Put	Discus	Softball Throw	Other

___ Help at Practices: Assisting coaches at practice with various non-coaching duties.

___ Organize Athletes at Meets: Help coaches by checking athletes in when they arrive at the meet and out before they leave. Also making sure that athletes check in at their events.

___ Assist at Meets: We are required to provide volunteers at the meets we attend. Once we receive the information from the hosting team, we will let you know what assignments we need to fill. These include assisting at field events, timing running events, and other duties as requested by meet directors.

___ Photography: Take pictures at meets of all athletes.

___ Awards & Records: Help organize awards won at the meets and help with any data entry of meet info.

Please note that the St. Charles Athletic Association Board of Directors will make the selection of all head coaches. If interested in coaching, you will be asked to provide your previous coaching experience and other qualifications.

Parent or Guardian signature

Date